



**“I Am” Statements**  
*of Jesus and Paul*

Written by Charles Willis

# “I AM” Not Ashamed

Lesson 12

*“For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek” (Romans 1:16).*

1. How does Paul demonstrate he is not ashamed of the gospel?
  - A. Acts 17:22–34
  - B. Acts 20:27
  - C. Gal. 6:14
2. How is the gospel the power of salvation?
  - A. 1 Corinthians 15:1–2
  - B. Ephesians 1:13–14
  - C. 1 Thessalonians 2:13
  - D. Romans 10:14–15
  - E. 1 Corinthians 1:21–24
3. What does Paul teach about being ashamed of the gospel?
  - A. 2 Tim. 1:8, 12
  - B. 1 Cor. 4:13
4. Define “disappointed” in Rom. 5:5 and 10:11. What is being taught in these passages?
5. What does Jesus say in Mark 8:38? How does this relate to Hebrews 11:16?
6. Why are some ashamed of the gospel?
  - A. 1 Pet. 4:16
  - B. 2 Corinthians 4:1–6
  - C. Luke 12:51–53
  - D. John 15:18–21
  - E. 1 Thessalonians 5:22

# “I AM”

Lesson 11 **Eager**

*“So, for my part, I am eager to preach the gospel to you also who are in Rome” (Romans 1:15).*

1. Define “eager” (NASB), “ready” (King James).
2. How does Paul demonstrate his eagerness/readiness?
  - A. Acts 9:19–22
  - B. Acts 16:9–12
  - C. Acts 16:26–34
  - D. 2 Corinthians 12:14
3. What can we learn about Paul’s attitude in that he remained eager/ready even though rejected by many? (Acts 24:24-25; 26:27-29)
4. What can we do to become eager/ready to preach the gospel?
  - A. 1 Peter 3:15; 2 Timothy 2:15
  - B. 2 Peter 3:18
  - C. Colossians 4:5
  - D. Colossians 4:3; 1 Corinthians 16:9; 2 Corinthians 2:12
5. What helps us to remain eager/ready to preach the gospel?
  - A. Luke 10:16
  - B. Galatians 6:9

## “I Am” Statements of Jesus and Paul

### Jesus

1. I Am The Bread of Life
2. I Am The Light of the World
3. I Am The Door Of The Sheep
4. I Am The Good Shepherd
5. I Am The Resurrection And The Life
6. You Call Me Teacher And Lord,  
For So I Am
7. I Am The Way, Truth, Life
8. I Am The Vine
9. I Am He

### Paul

10. I Am Under Obligation
11. I Am Eager
12. I Am Not Ashamed

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# “I AM” The Bread Of Life

Lesson 1

*“I am the bread of life; the one who comes to Me will not be hungry, and the one who believes in Me will never be thirsty” (John 6:35).*

1. READ John 6:30–65
  - A. Explain Jesus’ comparison of manna and Jesus.
  - B. Explain the phrase *“he who comes to Me will not hunger”* (6:35, see also verses 37, 40, and 44–45). How do we come to Him?
  - C. What does Jesus mean in saying He is the *“bread of life”* (John 6:35, 48, 51)?
  - D. How is John 6:60–65 an explanation of the *“bread of life”* statements? What is Jesus teaching?
2. What other language can be seen that relates to Jesus being the *“bread of life”*?
  - A. Psalm 54:4; Psalm 55:22
  - B. Matthew 6:33
  - C. Matthew 26:26; Mark 14:22
3. What does Jesus mean when He says we shall never hunger or thirst, and how is this related to belief (John 6:35)?
  - A. Matthew 5:6; Psalm 42:1; Psalm 63:1
  - B. John 7:37–39; John 4:14
  - C. Revelation 21:6, 17

# “I AM” Under Obligation

Lesson 10

*“I am under obligation both to Greeks and to the uncultured, both to the wise and to the foolish” (Romans 1:14).*

1. Define “obligation” (King James has “debtor”).
2. What had God done for Paul that would cause him to say he was under obligation (1 Timothy 1:12–17)?
3. Why does Paul say he was under “compulsion” (1 Corinthians 9:16–19)?
4. What does he mean by a “stewardship” in 1 Corinthians 9:17? (See also 1 Corinthians 4:1–2; Ephesians 3:2; Colossians 1:25.)
5. Why was Paul obligated to *“Greeks and to the uncultured, both to the wise and to the foolish”* (Rom. 1:14)?
  - A. Acts 26:16–18
  - B. Romans 1:5; 11:13; Galatians 2:8; 1 Timothy 2:7
  - C. Romans 14:15–20
5. Was Paul concerned about teaching the Jews?
  - A. Romans 10:1; 1 Corinthians 9:20
  - B. Romans 1:16; 2:10
  - C. Rom. 11:13–14
  - D. Acts 19:8
6. What has God done for us that would cause us to say we are under obligation?
7. What is our stewardship from God (2 Corinthians 4:7)?

## “I AM” I Am He

Lesson 9

“Whom are you seeking?” They answered Him, “Jesus the Nazarene.”  
He said to them, “I am He.” (John 18:4–5).

1. What is important about Jesus saying “*before Abraham was born, I am*” (John 8:58; see also Exodus 3:13–14)?
2. “*But who do you say that I am?*” How does Peter answer this in Matthew 16:13–17?
3. Review each context and identify what Jesus is asserting about Himself.
  - A. John 4:26
  - B. Luke 22:70
  - C. John 13:13–19
  - D. Mark 14:61–62
4. How will people know “*I am He*”?
  - A. John 8:23–28
  - B. John 10:31–38
  - C. How did this prove who He was?
    - > Romans 1:3–4
    - > Ephesians 1:20–23
    - > Acts 17:30–31
5. How does this truth impact our lives?
  - A. 1 Peter 1:3
  - B. 1 Corinthians 15:20
  - C. Romans 8:11
  - D. 1 Corinthians 6:14
  - E. Romans 6:5
  - F. 1 Corinthians 15:12–19 (restate in positives)
  - G. 1 Corinthians 15:57

## “I AM” The Light Of The World

Lesson 2

“*I am the Light of the world; the one who follows Me will not walk in the darkness, but will have the Light of life*” (John 8:12).

1. How is Jesus the “*light of the world*”?
  - A. John 1:4–9; 9:5; 12:35–36, 46
  - B. Matthew 4:12–17
  - C. 2 Corinthians 4:6
  - D. Acts 26:23
2. What does Simeon say by revelation about the infant Jesus (Luke 2:32, quoting Isaiah 49:6)? [ See Acts 26:18; 2 Corinthians 4:6]
3. How are Christians a “*light in the world*” (Matthew 5:14)?
  - A. What more can be learned from Philippians 2:15?
  - B. Explain the imagery of darkness and light (1 Peter 2:9; Ephesians 5:8)
  - C. Read 1 Thessalonians 5:5.  
How are we “*sons of light*” (Colossians 1:12)?  
  
What is meant by “*we are not of night nor of darkness*”?
  - D. What are we to lay aside, and what are we to put on (Romans 13:12; 1 Thessalonians 5:6; Ephesians 5:8–12)?
  - E. What is the “*armor of light*” (Romans 13:12; 1 Thessalonians 5:8)?

# “I AM” The Door Of The Sheep

Lesson 3

“Truly, truly I say to you, I am the door of the sheep...I am the door”  
(John 10:7–9).

1. Describe a literal “*door of the sheep*” (John 10:7) also called the “*doorkeeper*” (10:3).
2. Jesus is the door.
  - A. What is figuratively meant by this phrase?
  - B. How is this more literally phrased?
    - > John 14:6
    - > Acts 4:12
    - > Romans 5:2
    - > Ephesians 2:18
3. How do we “*enter through*” Jesus (John 10:9)?
  - A. Romans 6:3–4; Galatians 3:27
  - B. John 3:3, 5
  - C. Acts 2:38; 8:26; 10:48; 19:5
  - D. 1 Corinthians 6:11
  - E. Matthew 28:18–20
4. What is the result of entering through Jesus?
  - A. John 10:9, 10
  - B. Romans 5:11; 8:1
  - C. Ephesians 1:3, 7
5. What is the result of trying to enter another way (John 10:1, 10)? Who is this describing?
6. How does John 10:7–9 compare with Matthew 7:13–14?
7. How is the figurative phrase “*I am the door*” reversed in Revelation 3:20?

# “I AM” The Vine

Lesson 8

“I am the vine, you are the branches; the one who remains in Me, and I in him bears much fruit, for apart from Me you can do nothing”  
(John 15:5).

1. What is Jesus saying different by saying “*I am the vine*” (15:5) and “*I am the true vine*” (15:1)?
2. What importance does Jesus emphasize about bearing fruit (15:2, 8)?
  - A. How does bearing fruit prove we are His disciples (15:8)?
    - > Matthew 12:33
    - > Luke 8:15
    - > Colossians 1:9–11
  - B. How does a believer become unfruitful?
    - > Matt. 7:21
    - > Mark 4:13–19
    - > Hebrews 12:3
  - C. How is God glorified by our bearing fruit (15:8)?
  - D. How does God prune us to bear more fruit (15:2)? How does this relate to the disciples already being “*clean*” (15:3)?
    - > Consider Matthew 18:9; Colossians 3:5–8
    - > Matthew 18:15–17
3. How do we abide in Jesus (15:4–5, 10)?
  - A. 1 John 2:24, 27
  - B. How do we abide in His love (15:9)?
    - > Jude 21
    - > 2 John 1:9
4. How does Jesus abide in us (15:4, 7; 1 John 2:6)?
5. What is the consequence of not abiding in Jesus (15:2, 6; 1 John 2:28)?
6. How does the teaching about the vine relate to joy (15:11)?

# “I AM” Lesson 7 The Way, The Truth, The Life

*“I am the way, and the truth, and the life;  
no one comes to the Father except through Me” (John 14:6).*

## The Way

1. How does Jesus’ statement in John 14:6 compare with John 10:7 (discussed in lesson 3)?
2. What were Jesus’ disciples called? (Acts 9:2;19:23; 22:4)
3. What does “The Way” refer to in Acts 19:9 and 24:22?
4. How does the “Way” apply to *“no one comes to the Father except through Me”*?

## The Truth

5. From John 1:17 discuss how grace and truth were realized through Jesus Christ. Include consideration of Matthew 5–7 where Jesus says repeatedly *“you have heard that it was said...but I say to you.”*
6. How is Jesus named in Revelation 19:11?
7. How does the “Truth” apply to *“no one comes to the Father except through Me”*?

## The Life

8. How is Jesus the life (1 John 1:1–2; 5:11–12, 20)
  - A. John 6:68
  - B. Hebrews 2:10; 12:2
  - C. Acts 3:15; Is. 9:6
  - D. Ephesians 1:3
  - E. Galatians 3:13; Revelation 5:9; Acts 20:28
  - F. John 3:36; Romans 6:23 (do these verses contradict?)
9. How does Colossians 3:4 refer to Jesus? Explain.
10. How does the “Life” apply to *“no one comes to the Father except through Me”*?

# “I AM” Lesson 4 The Good Shepherd

*“I am the good shepherd; the good shepherd lays down His life  
for the sheep” (John 10:11).*

1. How was Jesus “concerned” about the sheep (John 10:13–14)?
  - A. 1 Timothy 1:15
  - B. Hebrews 2:14–17
  - C. Luke 19:10
2. Why did Jesus lay down His life for the sheep?
  - A. 1 John 3:16
  - B. Philippians 2:8–9
  - C. Mark 10:45
  - D. Ephesians 5:2
  - E. Galatians 2:20
3. Who were the other sheep not of this fold (John 10:16)? Provide Scriptural evidence.
4. Explain John 10:17
5. What implications can be seen from Jesus’ statement in John 10:18?

## **“I AM”** Lesson 5 **The Resurrection And The Life**

*“I am the resurrection and the life; the one who believes in Me will live, even if he dies, and everyone who lives and believes in Me will never die” (John 11:25–26).*

1. How is this a statement of Jesus’ deity? (Consider John 5:21, 26; Genesis 2:7; Deuteronomy 32:39; 1 Kings 17:22; 2 Kings 4:32-35)
2. What does Jesus say will happen because He is the resurrection and the life (John 5:27–28)?
3. How did Jesus demonstrate this truth (John 11:43 ; Matthew 9:25; Luke 7:14)?
4. While Jesus is the resurrection and life literally, how is this phrase also accurate spiritually?
  - A. John 11:26
  - B. John 20:31
  - C. John 1:4; John 14:6
  - D. John 6:40
  - E. Romans 5:17
  - F. Romans 6:23
  - G. Romans 8:2
  - H. 2 Timothy 1:1
5. What truths in Romans 6:3–11 relate to Jesus being the resurrection and life?
6. What assurance do we get from Jesus being the resurrection and the life (1 Corinthians 15:20–22, 42-44)?

## **“I AM”** Lesson 6 **Teacher And Lord, For So I Am**

*“You call Me ‘Teacher’ and ‘Lord’; and you are correct, for so I am”  
(John 13:13).*

### **Define “Teacher” (John 13:13).**

1. What is the Hebrew word for Teacher (John 1:38)?
2. As our teacher, what do we learn by example?
  - A. John 13:14–15
  - B. Matthew 11:29
  - C. Philippians 2:5
  - D. 1 Peter 2:21
  - E. 1 John 2:6
  - F. Matthew 16:24
  - G. Luke 11:1–4; Matthew 6:9-13
3. As our teacher, what do we learn from Him about teaching others?
  - A. John 4:7–26
  - B. Matthew 7:28-29
  - C. Matthew 13:34
  - D. Matthew 16:13, 26

### **Define “Lord” (John 13:13).**

4. What does it mean that Jesus is *“Lord and Christ”* (Acts 2:36)?  
(see also 1 Thessalonians 4:2; 2 Thessalonians 3:6, 12)
5. How do these verses refer to Jesus?
  - A. Jude 1:4
  - B. Matthew 23:8, 10
  - C. Ephesians 4:5
  - D. Acts 10:36
6. What are we to confess (Romans 10:9)?
7. How does this apply to baptism (Acts 8:16; 19:5; Matthew 28:18-20)
8. What will be the result for those who do not obey the Lord (John 12:48; 2 Thess. 1:8–9)?